



YOGA & REMEDIAL MASSAGE

GROUP CLASS SCHEDULE WINTER 2020

🕒	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
6 AM	REFORMER		REFORMER		REFORMER		
7 AM	REFORMER		REFORMER		REFORMER	REFORMER	
8 AM							
9 AM	REFORMER		REFORMER		REFORMER	REFORMER	
10 AM	REFORMER		REFORMER		REFORMER	REFORMER	
11 AM							
1 PM							
2 PM							
3 PM							
4 PM							
5 PM							
6 PM							
7 PM							